

## **Epping Upland C of E Primary School**

### **Personal, Social and Health Education Policy**

#### **Introduction**

At Epping Upland C of E Primary School we recognise that the personal development of pupils, spiritually, morally, socially and culturally, plays a significant part in their ability to learn and achieve. We therefore aim to provide an education that provides pupils with opportunities to explore and develop their own values and beliefs, spiritual awareness, high standards of personal behaviour, a positive, caring attitude towards other people, an understanding of their social and cultural traditions and an appreciation of the diversity and richness of the cultures.

#### **Aims**

Personal, social and health education (PSHE), SEAL and citizenship (KS2) enables children to become healthy, independent and responsible members of society. We encourage our pupils to play a positive role in contributing to the life of the school and the wider community. In doing so we help their sense of self-worth. We teach them how society is organised and governed. We ensure that they experience the process of democracy in school. We teach them about rights and responsibilities. They learn to appreciate what it means to be a positive member of a diverse multicultural society.

The aims of PSHE, SEAL and citizenship (non-statutory) are to enable children to:

- Know and understand what constitutes a healthy lifestyle;
- Be aware of safety issues;
- Understand what makes for good relationships with others;
- Have respect for others;
- Be independent and responsible members of the school community;
- Be positive and active members of a democratic society;
- Develop self-confidence and self-esteem, and make informed choices regarding personal and social issues;
- Develop good relationships with other members of the school and the wider community.

#### **Teaching PSHE**

We place an emphasis on active learning by including the children in discussions, debates, investigations and problem solving activities. We encourage children to take part in a range of practical activities that promote active citizenship, e.g. charity fundraising, the planning of special school events, such as an assembly or involvement in an activity to help other individuals or groups less fortunate than themselves.

Charities and events that the school regularly contributes to are:

- Children in Need
- Comic Relief
- The Poppy Appeal
- Streets to Homes
- Norway House

We organise classes in such a way that pupils are able to participate in discussion to resolve conflicts or set agreed classroom rules of behaviour. We offer children the opportunity to hear

visiting speakers, such as health workers, police and representatives from charities whom we invite into the school to talk about their role in creating a positive and supportive local community.

## **Computing**

ICT is occasionally used in the teaching of PSHE e.g. short films and games. Children are continually reminded about staying safe on the internet.

## **Special Needs**

We teach PSHE and SEAL to all children, regardless of their ability. Our teachers provide learning opportunities matched to the individual needs of children with learning difficulties. When teaching PSHE and SEAL we take into account the targets set for children in their Individual Education Plans.

## **Planning in PSHE**

We teach PSHE and SEAL in a variety of ways, both through other subjects and also as a separate subject. We also develop PSHE and SEAL through activities and whole-school events, e.g. assemblies.

## **Excellence in PSHE**

Excellence in PSHE is celebrated through:

- Rewards- green and yellow badge assemblies, postcard being sent home, smile from the pile and star from the jar and other reward stickers.
- Monitor duties
- Class assemblies
- Displays

## **Foundation Stage**

We teach PSHE and SEAL in Reception classes as an integral part of the topic work covered during the year and is referred to as Personal, Social, Emotional Development (PSED). We relate the PSHE and SEAL aspects of children's work to the objectives set out in the Early Years Foundation Stage Profile. We also support PSHE education in Reception through the teaching of the other five areas of learning; CLL, PSRN, KUW, PD CD.

## **Assessment**

Teachers assess the children's work in PSHE and SEAL by making informal judgements as they observe them during lessons. We have clear expectations of what the pupils will know, understand and be able to do at the end of each key stage. We do not set formal examinations in PSHE and SEAL.

## **SEAL**

We have a permanent member of staff who acts as counsellor and 'agony aunt'. She is on hand to support social and emotional worries that children/ parents have.

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